

HOOSIC VALLEY CENTRAL SCHOOL DISTRICT

INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION

Prior to the start of tryout sessions or practices, at the beginning of each season, a health history review for each athlete must be conducted unless the student received a full medical examination within 30 days of the start of the season.

Student: _____ Age: _____

Grade: _____ Date of Birth: ____/____/____

Sport: _____ Limitations: Yes No

Date of last health appraisal: ____/____/____

PART A: TO BE COMPLETED BY THE PARENT OR GUARDIAN

Note: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity, however, it may require a review and approval by the school physician before the student can report to practice or tryouts.

HISTORY SINCE LAST HEALTH APPRAISAL:

- | | |
|--------------------------------------------------------------------------------|----------------------------------------------------------|
| Allergies (Bee Sting/Medications/Food/Latex, etc.) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Does the student carry an Epi-pen [®] for a life-threatening allergy? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Asthma | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Does the student carry an inhaler? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Concussion/Head injury/Seizures | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Recent injury that requires medical attention or protective equipment? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Recent illness lasting longer than one week (ie. Mono) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Currently taking medications | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes/Hypoglycemia | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heart/Blood Pressure Problems | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heat Exhaustion or Stroke | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Hearing Impairment | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Bleeding Tendency/Anemia | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Recent Surgery or Hospitalization | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Kidney/Liver Disease | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Contact Lenses | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Is there any medical condition that might be aggravated by playing sports? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

PART B: TO BE COMPLETED BY PARENT OR GUARDIAN

Describe the condition or situation that caused any questions in PART B to be answered "YES".

PART C: PARENTAL PERMISSION

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate on an athletic team. The answers are correct as of this date and he/she has my permission to participate.

SIGNED: _____ DATE: ____/____/____

PLEASE RETURN TO THE SCHOOL HEALTH OFFICE

PART D: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Sports Participation:

- Approved Referred to School Physician

Signed: _____ Date: ____/____/____
School Health Office

If referred to the School Physician:

- Requalified Disqualified

Signed: _____ Date: ____/____/____
School Physician