



Hoosic Valley Central School Jr./Sr. High School

October 2020: Lunch

Check Balances and Make
Payments Online For Added
Convenience!!!!

www.myschoolbucks.com

			1	2
			Shepard's Pie WG Dinner Roll Steamed Carrots Variety of Fruit	Italian Dunkers Marinara Sauce Meatballs Steamed Broccoli Choice of Fruit
5	6	7	8	9
Hot Dogs Oven Fries Baked Beans Variety of Fruit	Tacos Romaine Lettuce, Tom., Salsa and Sour Cream Refried Beans/Corn Choice of Fruit	Cheese Raviolis Meatballs Steamed Green Beans Variety of Fruit	Cheese Raviolis Meatballs Steamed Green Beans Choice of Fruit	Cheese or Buffalo Chicken Pizza Romaine Caesar Salad Variety of Fruit
12	13	14	15	16
No School Columbus Day	Chicken Quesadillas Black Beans/ Corn Choice of Fruit	Tuna Noodle Casserole WG Dinner Roll Steamed Carrots Variety of Fruit	Tuna Noodle Casserole WG Dinner Roll Steamed Carrots Choice of Fruit	Mozzarella Sticks Marinara Sauce Garlic Buttered Noodles Steamed Broccoli Variety of Fruit
19	20	21	22	23
Chicken Tenders Brown Rice Steamed Green Beans Variety of Fruit	Plain or Buffalo Chicken Wrap Refried Beans/ Corn Choice of Fruit	Plain or Buffalo Chicken Wrap Refried Beans/ Corn Variety of Fruit	Meatball Subs Steamed Broccoli Choice of Fruits	Meatball Subs Steamed Broccoli Variety of Fruit
26	27	28	29	30
Chicken Nuggets Garlic Butter Noodles Sweet Potatoes Choice of Fruit	Fish Fillet Sandwich Coleslaw Steamed Peas Choice of Fruit	Pierogis Sausage Links Steamed Green Beans Variety of Fruit	Pierogis Sausage Links Steamed Green Beans Choice of Fruit	Tuna Boat Oven Fries Pickles Carrots/ Celery Choice of Fruit

Available Daily:

PB&J Sandwich on
Whole Grain Bread,
Available in both schools..

Choice of Ice Cold 1% or Fat
Free White Milk and Fat Free
Chocolate Milk Served with
Every Meal

We offer a variety of
Fresh and Canned
Fruits Daily!

Carrot and
Celery sticks Daily!!!

Cafeteria Manager:
Michelle Gillespie
mgillespie@hoosicvalley.k12.ny.us
753-4458 ext. 2516

**Menu is subject to change at
the managers discretion.**



Hoosic Valley Central School Elementary School

October 2020: Lunch

**Check Balances and Make
Payments Online For Added
Convenience!!!!**

www.myschoolbucks.com

			1 Shepard's Pie WG Dinner Roll Steamed Carrots Variety of Fruit	2 Mozzarella Sticks Marinara Sauce Garlic Buttered Noodles Steamed Green Beans Choice of Fruit
5 Hot Dogs Oven Fries Baked Beans Variety of Fruit	6 Tacos Romaine Lettuce, Tom., Salsa and Sour Cream Refried Beans/Corn Choice of Fruit	7 Fish Fillet Sandwich Coleslaw Steamed Peas Variety of Fruit	8 Pierogis Sausage Links Steamed Broccoli Choice of Fruit	9 Italian Dunkers Marinara Sauce Meatballs Cucumber Coins Variety of Fruit
12 No School Columbus Day	13 Plain or Buffalo Chicken Wrap Black Beans/ Corn Choice of Fruit	14 Tuna Noodle Casserole WG Dinner Roll Steamed Carrots Variety of Fruit	15 Cheese Raviolis Meatballs Steamed Green Beans Choice of Fruit	16 Cheese or Pepperoni Pizza Romaine Caesar Salad Variety of Fruit
19 Popcorn Chicken Brown Rice Steamed Broccoli Variety of Fruit	20 Nachos Romaine Lettuce, Tom., Salsa and Sour Cream Refried Beans/ Corn Choice of Fruit	21 Grilled Cheese or Tuna Melt Tomato Soup Variety of Fruit	22 Meatball Subs Steamed Green Beans Choice of Fruits	23 French Toast Sticks Sausage Links Carrot/Celery Sticks Variety of Fruit
26 Chicken Nuggets Garlic Butter Noodles Sweet Potatoes Choice of Fruit	27 Chicken Quesadillas Black Beans/Corn Choice of Fruit	28 Pasta w/ Meat Sauce WG Dinner Roll Steamed Green Beans Variety of Fruit	29 Half Day No Lunch	30 Half Day No Lunch

Available Daily:

PB&J Sandwich on
Whole Grain Bread,
Available in both schools..

Choice of Ice Cold 1% or Fat
Free White Milk and Fat Free
Chocolate Milk Served with
Every Meal

We offer a variety of
Fresh and Canned
Fruits Daily!

Carrot and
Celery sticks Daily!!!

Cafeteria Manager:
Michelle Gillespie
mgillespie@hoosicvalley.k12.ny.us
753-4458 ext. 2516

Menu is subject to change at
the managers discretion.