



Hoosic Valley Central School District High School and Elementary February 2019:Lunch Menu

Attention parents!!
Running short on time and looking for a healthy treat for your child to bring for their in class birthday or holiday celebrations?
Contact the food services department for details about custom fruit and vegetable platters!!!!

				1 Cheese Pizza Or Buffalo Chicken Pizza Caesar Salad Choice of Fruit
4 Whole Grain Chicken Nuggets WW Dinner Roll Steamed Broccoli Variety of Fruit	5 Build a Burger Whole Wheat Bun L/T/O/, Cheese Pickles Vegetarian Beans Oven Baked Fries	6 Pulled Pork on a WW Roll Coleslaw Steamed Carrots Variety of Fresh Fruits	7 Pierogi Italian Sausage WW Garlic Bread Stick Steamed Green Beans Choice of Fruit	8 Italian Dunkers Marinara/Meat Balls Steamed Sweet Corn Choice of Fruit
11 Whole Grain Patty Chicken WW Dinner Roll Sweet Potatoes Choice of Fruit	12 French Toast Sticks Maple Syrup Sausage Carrot and Celery Sticks Assorted Fruit	13 Grilled Cheese or Tuna Melt Tomato Soup Spinach Choice of Fruit	14 Hot Turkey Sandwich Served Open Faced on Whole Wheat Bread Sweet Peas Choice of Fruit <i>Whole Grain Chocolate Chip Cookie</i>	15 Cheese or Pepperoni Pizza Romaine Caesar Salad Variety of fruit
18 <i>No School Winter Recess</i>	19 <i>No School Winter Recess</i>	20 <i>No School Winter Recess</i>	21 <i>No School Winter Recess</i>	22 <i>No School Winter Recess</i>
25 Popcorn Chicken WW Dinner Roll Steamed Sweet Peas Choice of Fruit	26 Hard or Soft Sell Tacos Cheese, Romaine, Tomato Black Beans/Corn Variety of Fruits	27 Mac & Cheese Ham Whole Wheat Roll Steamed Green Beans Choice of Fruit	28 Chicken Parm Buttered Noodles Steamed Broccoli Florets Variety of Fruit	

Available Daily:
 Freshly made Chef and Tossed Salads, PB&J Sandwich on Whole Wheat Bread, Ham or Turkey On a Whole Wheat Bun available in both schools.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

We offer whole and sliced Fresh NYS Apples, Unsweetened Apple Sauce, Fresh Bananas, Fresh Oranges, and Fresh Carrot/Celery sticks, Cucumber Coins, Red Pepper Strips, and Broccoli Florets
 In addition we offer Pears, Peaches, and Mixed Fruit-canned in Extra Light Syrup

Prices:
 High School Lunch: \$2.40
 Elem. Lunch: \$2.15
Reduced Lunch: \$.25

Cafeteria Manager:
Michael Corlew
 mcorlew@hoosicvalley.k12.ny.us
 753-4458 ext. 2516

Menu is subject to change at the managers discretion.