


# Hoosic Valley CSD High School and Elementary

## November 2018: Breakfast Menu

*Did You Know? Students who eat breakfast at school perform better on tests than BOTH students who skip breakfast AND students that eat breakfast at home!!!*

29 Muffin Assorted Fruit Choice of Fruit Juice	30 Hash Brown Patty Sausage Link Assorted Fruits Variety of Juice	31 Yogurt Parfait Assorted Fruit Variety Fruit Juices	1 Bagel w/Cream Cheese Variety of Fruit Choice of Fruit Juice	2 Hot Waffles Maple Syrup Assorted Fruits Choice of Fruit Juice
5 WG Blueberry Muffin Assorted Fruit Choice of Fruit juices	6 <u><i>Superintendent's Conference Day</i></u>  <b>VOTE!!!</b>	7 Breakfast Sandwich Assorted Fruit Variety of Fruit Juices	8 French Toast Sticks Maple Syrup Choice of Fruit Juice Variety of Fruits	9 Yogurt Parfait Variety of Fruit Choice of Fruit Juice
12 <u><i>Holiday School and Offices Closed</i></u>	13 Assorted Muffins Variety Fruit Choice of Fruit Juices	14 Bagel W/Cream Cheese Variety of Fruit Choice of Fruit Juice	15 WG French Toast Assorted Fruit Choice of Fruit Juices	16 Banana Bread Assorted Fruit Choice of Fruit juices
19 Hot Pancakes Maple Syrup Variety of Fruit Choice of Fruit Juice	20 Hash Brown Patty Sausage Link Choice of Fruit Fruit Juice	21 <u><i>Holiday School and Offices Closed</i></u> 	22 <u><i>Holiday School and Offices Closed</i></u>	23 <u><i>Holiday School and Offices Closed</i></u>
26 Bagel w/Cream Cheese Variety of Fruit Orange Juice	27 Hot Waffles Maple Syrup Assorted Fruits Choice of Fruit Juice	28 Pancake Wrap Assorted Fruit Variety of Fruit Juices	29 Breakfast Sandwich Assorted Fruits Variety of Fruit Juices	30 Assorted WG Muffin Assorted Fruit Choice of Fruit juices

Check Balances and Make Payments Online for Added Convenience!!!!!!  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

NutriGrain bars, assorted cold cereals, and yogurt- parfaits are offered daily as alternative choices.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

Breakfast Prices  
Elem. School \$1.25  
High School \$1.25  
Reduced Meal Price \$.25

Cafeteria Manager:  
Michael Corlew  
[mcorlew@hoosicvalley.k12.ny.us](mailto:mcorlew@hoosicvalley.k12.ny.us)  
753-4458 ext. 2516

Menu is subject to change at the managers discretion