

# Hoosic Valley Baseball Camp 2019



**Camp Dates: Monday, August 5th – Thursday, August 8th**

**Session 1:** (9am – 12pm) Next years 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Graders

**Session 2:** (12:30-3:30) Next years 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> Graders

**Rain Date:** Friday, August 9th

**Cost:** \$50 per player – Camp T-shirt included plus fun prizes and awards

**Contact:** Alex Lilac [alilac@hoosicvalley.k12.ny.us](mailto:alilac@hoosicvalley.k12.ny.us)

**Staff:** Alex Lilac/ HV Baseball Coaching Staff/ Former Players

**Location:** Chapko – Lewis Stadium

**Activities/Lessons Included:** Proper Infielding Skills, Backhands, Double Plays, Rundowns, Hitting Skills, Bunting, Individual Position Drills, Home Run Derby, and Competitive Games

and activities such as the *8th Annual Wiffle Ball Tournament!*

**\*\*\* See Registration on the back**

## What to Bring

Players should wear a T-shirt, long pants/ baseball pants, and a baseball hat. They should bring a baseball glove, baseball cleats, running shoes, water, and a snack. Players can bring a bat and catchers gear if they choose.

**\*\*Be prepared for changes in weather.**

## Goals

During camp each player will be provided with a valuable learning experience that focuses on the fundamentals of baseball. Each player will also be provided with the opportunity to learn the important aspects of baseball. Reinforcing these aspects can help each player become successful at the next level. Strength, speed, responsibility, and respect will also be incorporated as valuable components for future success.



**Keep this half for the information below and on the front**

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**Registration**

Name \_\_\_\_\_ 2019-2020 Grade \_\_\_\_\_  
 Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Emergency Phone/Contact \_\_\_\_\_  
 Email \_\_\_\_\_

Please list any medical conditions we should know \_\_\_\_\_  
 \_\_\_\_\_

Registration Due By: **July 31st, 2019**  
 Cash or Check - Checks Payable to: HVAA

Circle Shirt Size:

T-Shirt Size – Adult      S            M            L            XL

T-Shirt Size – Youth      S            M            L            XL

**Please Return to Alex Lilac at Hoosic Valley High School  
 or mail to:**

**Alex Lilac  
 149 Rogers Ave  
 Hoosick Falls, NY 12090**

Please complete and sign

Our son named above is in good health and able to participate in organized camp activities. We have adequate medical insurance coverage.

Insurance company \_\_\_\_\_  
 Policy Number \_\_\_\_\_

I give my son permission to attend the 2019 Hoosic Valley Baseball Camp. Our son promises to conform to all the safety rules and regulations of this baseball camp.

Parent or Guardian Signature \_\_\_\_\_  
 Date \_\_\_\_\_