

**ATHLETIC HEALTH HISTORY**

**Complete this form if this is the student's FIRST TIME participating in interscholastic sports.**

**STUDENT:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_

**SPORT:** \_\_\_\_\_

*Participation in athletics is voluntary and is not a required part of the regular physical education program.*

**SPORTS ACTIVITIES**

Identify any sports in which you do not wish your child to participate:

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**THIS FORM MUST BE COMPLETED AND RETURNED WITH COMPREHENSIVE PHYSICAL EXAMINATION PRIOR TO THE START OF TRYOUTS (unless physical exam is already on file.)**

***\*\*Please note: This form cannot be filled out more than 30 days prior to the start of the sport. Do not send into nurse before then. Thank you.***

**HEALTH HISTORY  
TO BE COMPLETED BY PARENT**

**Has your child ever had: (please check)**

|   | YES                   | NO                    |                                   | YES                   | NO                    |
|---|-----------------------|-----------------------|-----------------------------------|-----------------------|-----------------------|
| Allergies/Hay Fever                     | <input type="radio"/> | <input type="radio"/> | Elevated Blood Pressure           | <input type="radio"/> | <input type="radio"/> |
| Bee Sting Allergy                       | <input type="radio"/> | <input type="radio"/> | Headaches                         | <input type="radio"/> | <input type="radio"/> |
| Asthma                                  | <input type="radio"/> | <input type="radio"/> | Head Injury/Concussion            | <input type="radio"/> | <input type="radio"/> |
| Anemia                                  | <input type="radio"/> | <input type="radio"/> | Heart Problem/Murmur-Chest pain   | <input type="radio"/> | <input type="radio"/> |
| Arthritis                               | <input type="radio"/> | <input type="radio"/> | Nose Bleeds/Frequent or Severe    | <input type="radio"/> | <input type="radio"/> |
| Bladder/Kidney Problem or Injury        | <input type="radio"/> | <input type="radio"/> | Ankle Injury                      | <input type="radio"/> | <input type="radio"/> |
| Convulsions/Seizures                    | <input type="radio"/> | <input type="radio"/> | Back Pain/Injury                  | <input type="radio"/> | <input type="radio"/> |
| Fainting Spells                         | <input type="radio"/> | <input type="radio"/> | Fracture-Dislocation Bones/Joints | <input type="radio"/> | <input type="radio"/> |
| Diabetes                                | <input type="radio"/> | <input type="radio"/> | Knee Pain/Injury                  | <input type="radio"/> | <input type="radio"/> |
| Ear Problems/Hearing Loss               | <input type="radio"/> | <input type="radio"/> | Neck Injury                       | <input type="radio"/> | <input type="radio"/> |
| Eye Problems/Vision Loss                | <input type="radio"/> | <input type="radio"/> | Nose Fracture                     | <input type="radio"/> | <input type="radio"/> |
| Injury to the Spleen                    | <input type="radio"/> | <input type="radio"/> | Rheumatic Fever                   | <input type="radio"/> | <input type="radio"/> |
| Joint Sprain/Ligament Tear/Muscle Pullo | <input type="radio"/> | <input type="radio"/> | Stomach Ulcer                     | <input type="radio"/> | <input type="radio"/> |

|   |                       |                       |
|---|-----------------------|-----------------------|
|   | YES                   | NO                    |
| Is there a current medical examination on file in the nurse's office? | <input type="radio"/> | <input type="radio"/> |

Date of physical \_\_\_\_\_

|  |                       |                       |
|--|-----------------------|-----------------------|
|  | <input type="radio"/> | <input type="radio"/> |
| Is your child assigned to the Adaptive Physical Education Program or has he/she been in the Adaptive Physical Education? | <input type="radio"/> | <input type="radio"/> |

|   |                       |                       |
|---|-----------------------|-----------------------|
|   | <input type="radio"/> | <input type="radio"/> |
| Has your child been unconscious or lost memory from a blow on the head? | <input type="radio"/> | <input type="radio"/> |

(over →)

*History Continued*

**Does your child have any of the following?**

|  | YES                   | NO                    |
|--|-----------------------|-----------------------|
| One eye or severe uncorrectable loss of vision in one or both eyes.....  | <input type="radio"/> | <input type="radio"/> |
| Severe hearing loss in both ears.....  | <input type="radio"/> | <input type="radio"/> |
| One kidney.....  | <input type="radio"/> | <input type="radio"/> |
| One testicle.....  | <input type="radio"/> | <input type="radio"/> |
| Has your child been ill for five (5) consecutive days?.....  | <input type="radio"/> | <input type="radio"/> |
| <hr/>  |                       |                       |
| Has your child ever had an illness, condition, or injury that required him/her to go to the hospital either as a patient overnight or in the emergency room or for x-rays; required an operation; caused your child to miss a game or practice?..... | <input type="radio"/> | <input type="radio"/> |
| <hr/>  |                       |                       |
| Is your child under medical care now?.....   | <input type="radio"/> | <input type="radio"/> |
| Has your child taken any medication in the past year?.....   | <input type="radio"/> | <input type="radio"/> |
| If so, why?.....   |                       |                       |
| <hr/>  |                       |                       |
| Is your child taking any medications now?.....   | <input type="radio"/> | <input type="radio"/> |
| If so, why?.....   |                       |                       |
| <hr/>  |                       |                       |
| Has your child ever fainted during exercise?.....  | <input type="radio"/> | <input type="radio"/> |
| If so, explain.....  |                       |                       |
| Has there ever been sudden death in a family member under fifty (50) years of age?.....  | <input type="radio"/> | <input type="radio"/> |
| <hr/>  |                       |                       |
| Do you have any worries about your child's health or other questions you would like to discuss with a doctor?.....   | <input type="radio"/> | <input type="radio"/> |
| Does your child have: orthodontic appliances?.....   | <input type="radio"/> | <input type="radio"/> |
| Capped teeth?.....   | <input type="radio"/> | <input type="radio"/> |
| Wear contact lenses for sports?.....   | <input type="radio"/> | <input type="radio"/> |
| Wear glasses for sports?.....  | <input type="radio"/> | <input type="radio"/> |
| Since your child's last physical examination, has your child had any injury or illnesses?..  | <input type="radio"/> | <input type="radio"/> |

*I agree with the above answers and consent to participation of my child in the interscholastic program of his/her school including practice sessions and travel to and from the athletic contests.*

*I also agree to emergency medical treatment as deemed necessary by the physicians designated by school authorities.*

**PARENT SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_

HEALTH OFFICE USE ONLY

**Date reviewed:** \_\_\_\_\_ **Nurse's signature:** \_\_\_\_\_

**Approved**

**Referred to School Physician**

