



# Hoosic Valley CSD High School and Elementary

## November 2017:Breakfast

*Did You Know? Students who eat breakfast at school perform better on tests than BOTH students who skip breakfast AND students that eat breakfast at home!!!*

30 Muffin Assorted Fruit Choice of Fruit Juice	31 Hash Brown Patty Sausage Link Assorted Fruits Variety of Juice	1 Banana Bread Assorted Fruit Choice of Fruit Juices	2 Yogurt Parfait WW Graham Crackers Variety of Fruit Choice of Fruit Juice	3 Hot Waffles Maple Syrup Assorted Fruits Choice of Fruit Juice
6 WG Blueberry Muffin Assorted Fruit Choice of Fruit juices	7 Hot Pancakes Maple Syrup Choice of Fruit Fruit Juice <b>VOTE!!!</b>	8 Ham and Cheese Wrap Assorted Fruits Choice of Fruit Juice	9 French Toast Sticks Maple Syrup Choice of Fruit Juice Variety of Fruits	10 <u>Holiday</u> <u>School and Offices</u> <u>Closed</u>
13 Bagel w/Cream Cheese Variety of Fruit Choice of Fruit Juice	14 Banana Bread Assorted Fruit Choice of Fruit Juices	15 Breakfast Sandwich Assorted Fruit Variety of Fruit Juices	16 WG French Toast Assorted Fruit Choice of Fruit Juices	17 Assorted WG Muffin Assorted Fruit Choice of Fruit juices
20 Bagel w/Cream Cheese Variety of Fruit Choice of Fruit Juice	21 Hot Pancakes Maple Syrup Choice of Fruit Fruit Juice	22 Ham and Cheese Wrap Assorted Fruits Choice of Fruit Juice	23 <u>Holiday</u> <u>School and Offices</u> <u>Closed</u>	24 <u>Holiday</u> <u>School and Offices</u> <u>Closed</u>
27 Hash Brown Patty Sausage Link Variety of Fruit Orange Juice	28 Hot Waffles Maple Syrup Assorted Fruits Choice of Fruit Juice	29 Breakfast Sandwich Assorted Fruit Variety of Fruit Juices	30 Pancake Wrap Assorted Fruits Variety of Fruit Juices	

**Check Balances and Make Payments Online for Added Convenience!!!!!!**

[www.myschoolbucks.com](http://www.myschoolbucks.com)

NutriGrain bars, assorted cold cereals, and yogurt- parfaits are offered daily as alternative choices.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

Breakfast Prices  
Elem. School \$1.25  
High School \$1.25  
Reduced Meal Price \$.25

Cafeteria Manager:  
Michael Corlew  
mcorlew@hoosicvalley.k12.ny.us  
753-4458 ext. 2516

Menu is subject to change at the managers discretion