

# Hoosic Valley Central School

## High School and Elementary

**Attention parents!!**  
 Running short on time and looking for a healthy treat for your child to bring for their in class birthday or holiday celebrations?  
 Contact the food services department for details about custom fruit and vegetable platters!!!!

### January 2018: Breakfast Menu

|   |  |   |   |  |
|---|--|---|---|--|
| <b>1</b><br><i>No School<br/>Holiday Recess</i>                                   | <b>2</b><br>Pancakes<br>Maple Syrup<br>Assorted Fruit<br>Variety of Fruit Juices   | <b>3</b><br>Hash Brown Patty<br>Sausage Links<br>Variety of Fruit<br>Orange Juice   | <b>4</b><br>WG Bagel<br>Cream Cheese<br>Assorted Fruit<br>Choice of Fruit juices  | <b>5</b><br>Ham and Cheese<br>Wrap<br>Assorted Fruits<br>Variety of Fruit Juices |
| <b>8</b><br>Assorted Muffins<br>Choice of Fruit<br>Assorted Fruit Juices          | <b>9</b><br>French Toast<br>Maple Syrup<br>Assorted Fresh Fruits<br>Apple Juice    | <b>10</b><br>WG Bagel<br>Cream Cheese<br>Assorted Fruit<br>Choice of Fruit juices   | <b>11</b><br>Waffles<br>Maple Syrup<br>Choice of Fruit<br>Variety of Fruit Juices | <b>12</b><br>Breakfast Sandwich<br>Assorted Fruits<br>Variety of Fruit Juices    |
| <b>15</b><br><i>No School<br/>Martin Luther King Jr.<br/>Day</i>                  | <b>16</b><br>French Toast Sticks<br>Maple Syrup<br>Assorted Fruits<br>Orange Juice | <b>17</b><br>Assorted Muffins<br>Variety of Fruit<br>Choice of Fruit juices         | <b>18</b><br>WG Bagel<br>Cream Cheese<br>Assorted Fruit<br>Choice of Fruit juices | <b>19</b><br>Banana Bread<br>Assorted Fruit<br>Choice of Fruit Juices            |
| <b>22</b><br>Pancakes<br>Maple Syrup<br>Assorted Fruit<br>Variety of Fruit Juices | <b>23</b><br>Hash Brown Patty<br>Sausage Links<br>Variety of Fruit<br>Orange Juice | <b>24</b><br>Assorted Muffins<br>Variety of Fruit<br>Choice of Fruit juices         | <b>25</b><br>Ham And Cheese Wrap<br>Assorted Fruit<br>Choice of Fruit Juices      | <b>26</b><br><i>Superintendent's<br/>Conference Day</i>                          |
| <b>29</b><br>Hash Brown Patty<br>Sausage Links<br>Choice of Fruit<br>Apple Juice  | <b>30</b><br>Pancake Wrap<br>Assorted Fruits<br>Choice of Fruit Juice              | <b>31</b><br>Warm Blueberry Muf-<br>fin<br>Assorted Fruit<br>Choice of Fruit juices |   |  |

Did You Know? Students who eat breakfast at school perform better on tests than BOTH students who skip breakfast AND students that eat breakfast at home!!!

NutriGrain bars, assorted cold cereals, and yogurt- parfaits are offered daily as alternative choices.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

Breakfast Prices  
 Elem. School \$1.25  
 High School \$1.25  
 Reduced Meal Price \$.25

Cafeteria Manager:  
 Michael Corlew  
 mcorlew@hoosicvalley.k12.ny.us  
 753-4458 Ext. 2516

\*Please note:  
 Menu is subject to change at the managers discretion.